



KONMARI CHECKLIST

CLOTHING

- Gather all clothing items
- Sort by category (tops, bottoms, etc.)
- Does it spark joy?
- Discard unwanted items
- Organize the remaining items

PAPERS

- Gather all papers
- Sort into categories (pending, important, etc.)
- Does it spark joy?
- Discard unnecessary papers
- Organize the remaining papers

SENTIMENTAL ITEMS

- Gather all sentimental items
- Does it spark joy?
- Discard those that don't
- Store and organize sentimental items

BOOKS

- Collect all books
- Sort by category (fiction, non-fiction, etc.)
- Does it spark joy?
- Discard unwanted books
- Organize the remaining books

KOMONO (MISCELLANEOUS ITEMS)

- Group miscellaneous items
- Sort by category (electronics, kitchen items, etc.)
- Does it spark joy?
- Discard unwanted items
- Organize the remaining items

FINAL STEPS

- Review each category to keep only joy-sparking items.
- Arrange items neatly in their designated places.
- Reflect and appreciate the space you've created.